



# Faversham Foodbank AdLent Calendar 2024

During the 40 Days of Lent, we are asking people to donate food, toiletries and household products to the Foodbank to help others.

The Foodbank supports individuals and families who are having to make hard and sometimes impossible choices to buy food, pay their rent/mortgage, energy bills, or other essentials.

Your donations can make a huge difference.

Please give the following items:

## FEBRUARY

Washing-up liquid

Cooking sauce

Baked beans

Breakfast cereal

Bleach

Shampoo

Dog food

Strong carrier bags/Bags for Life

Fabric conditioner

Toilet roll

Fruit squash

Laundry detergent

Sponge puddings

Hair conditioner

## MARCH

Tinned cold meat (eg ham)

Washing-up liquid

Shampoo

Tinned spaghetti

Tinned rice pudding

Bleach

Tinned carrots

Fruit squash

Sponge puddings

Tinned peas

Strong carrier bags/Bags for Life

Dog food

Long life fruit juice

Hair conditioner

Bars of soap

Shampoo

Tinned carrots

Tinned potatoes

Washing-up liquid

Bleach

Tinned peas

Tinned cold meat (eg ham)

Laundry detergent

Fruit squash

Hair conditioner

Sponge puddings

### Where can you drop off your donations?

1. At the Foodbank - Gospel Mission Hall, Tanners Street, Faversham. 5-6.30pm on Mondays and 12.30-4pm Wednesdays and Fridays.
2. At the Foodbank collection points in the Faversham branches of Aldi, Sainsbury's, and Tesco's.
3. St Mary of Charity Church.

**Thank you for anything you can donate.**

It means so much to local people who need a helping hand.

[www.faversham.foodbank.org.uk](http://www.faversham.foodbank.org.uk)

Reg charity no: 1158413