

## Faversham Foodbank Reverse Advent Calendar 2023

Between **15** November and **14** December, we're asking local people to donate one item of food, toiletries and household products to the Foodbank to help others.

The Foodbank supports individuals and families who are having to make hard and sometimes impossible choices to buy food, pay their rent/mortgage, energy bills, or other essentials.

December

Your donations can make a huge difference.

Please donate the following items:

## November

NOVEIIDEI		December	
15th	Strong carrier bags/Bags for Life	1st	Brown sauce
16th	Chocolate	2nd	Biscuits
17th	Bleach	3rd	Razors
18th	Cooking oil	4th	Tinned potatoes
19th	Children's sweets	5th	Long life milk
20th	Instant noodles/instant pasta	6th	Shampoo
21st	Tins of tuna	7th	Laundry detergent
<b>22nd</b>	Tinned carrots	8th	Sponge puddings
23rd	Crisps	9th	Pasta sauce
24th	Dried pasta	10th	Fruit squash
25th	Mayonnaise	11th	Washing-up liquid
26th	Deodorant	12th	Fabric conditioner
27th	Tomato ketchup	13th	Fruit juice
28th	Cereal bars/snacks	14th	Anti-bacterial spray cleaner
29th	Shaving foam		. А

30th Hot chocolate

Where can you drop off your donations?

- 1. At the Foodbank Gospel Mission Hall, Tanners Street, Faversham Mondays 5-6.30pm, and Wednesdays and Fridays 1.30-4pm.
- 2. At the Foodbank collection points in the Faversham branches of Aldi, Sainsbury's and Tescos and please put them in a bag marked 'Foodbank Reverse Advent Calendar'.
- 3. St Mary of Charity Church.
- 4. Queen's Head, 111 The Street, Boughton-under-Blean, ME13 9BH

## Thank you for anything you can donate.

It means so much to local people who need a helping hand.

www.faversham.foodbank.org.uk