



Faversham Foodbank AdLent Calendar 2023

Over the 40 Days of Lent - from **Ash Wednesday, 22 February** to **Maundy Thursday, 6 April** - we are asking people to donate one item each day of food, toiletries and household products to the Foodbank to help others.

The Foodbank supports individuals and families who are having to make hard and sometimes impossible choices to buy food, pay their rent/mortgage, energy bills, or other essentials.

Your donations can make a huge difference.

Please donate the following items:

FEBRUARY

| | | | |
|------|-----------------------------------|------|-------------------------------|
| 22nd | Strong carrier bags/Bags for Life | 25th | Cooking oil |
| 23rd | Washing detergent | 27th | Children's sweets |
| 24th | Bleach | 28th | Instant noodles/instant pasta |

MARCH

| | | | |
|------|--------------------|------|------------------------------|
| 1st | Canned cold meat | 17th | Shampoo |
| 2nd | Tinned carrots | 18th | Sponge puddings |
| 3rd | Crisps | 20th | Pasta sauce |
| 4th | Mayonnaise | 21st | Fruit squash |
| 6th | Deodorant | 22nd | Washing-up liquid |
| 7th | Sponge puddings | 23rd | Fabric conditioner |
| 8th | Cereal bars/snacks | 24th | Fruit juice |
| 9th | Shaving foam | 25th | Anti-bacterial spray cleaner |
| 10th | Hot chocolate | 27th | Dog food |
| 11th | Brown sauce | 28th | Snacks |
| 13th | Jam | 29th | Tomato ketchup |
| 14th | Razors | 30th | Soap |
| 15th | Tinned potatoes | 31st | Toilet rolls |
| 16th | Long life milk | | |

APRIL

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|-----|-----------------|-----|-------------------|
| 1st | Cat food | 5th | Tinned vegetables |
| 3rd | Tinned fruit | 6th | Marmite |
| 4th | Canned tomatoes | | |

Where can you drop off your donations?

1. At the Foodbank - Gospel Mission Hall, Tanners Street, Faversham. 5-6.30pm on Mondays and 12.30-4pm Wednesdays and Fridays.
2. At the Foodbank collection points in the Faversham branches of Aldi, Morrisons, Sainsbury's, and Tesco.
3. St Mary of Charity Church.

Thank you for anything you can donate.

It means so much to local people who need a helping hand.

www.faversham.foodbank.org.uk

Reg charity no: 1158413